

A MET VBS ADVENTURE MANUAL

PLUG INTO GOD'S POWER

SNACKS

Electricity

Cale

DAY 1

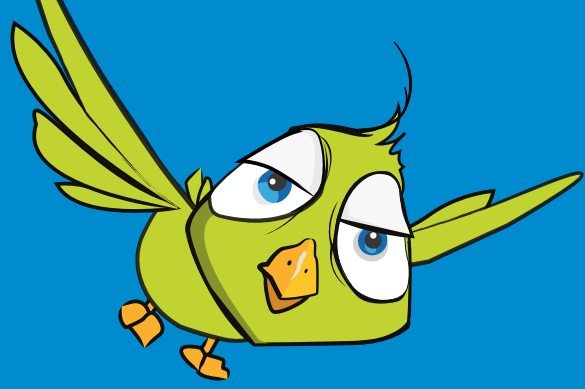
DAY 2



POWER OVER...
 POWER POINT
 (BIBLE LESSON)
 POWER LINES
 (VERSES)
 BENNY'S
 BREAKER BOX
 CHARACTER TRAITS
 ART GALLERY
 (CRAFTS)
 ENERGY FIELD
 (GAMES)
 FILLING STATION
 (SNACKS)
 BELLA'S
 BRIGHT IDEAS

SPHERES	PEERS
God vs. Man Job 38-42	Grasshoppers vs. Giants Numbers 13-14
Jeremiah 51:15a	2 Samuel 22:33
Currents & Circuits	Pneumatic & Static Electricity
HONOR Showing respect	OPTIMISM Having a positive outlook
Spheres Spinning Spheres & City Spheres	Birds Bella Bluebird & Bella Puppet
Current Events	City Cleanup
Scrumptious Spheres Melon Balls, Popcorn Balls, & Cheese Balls	Canaan's Confections Grapes, Cheese, Grasshopper Legs, & Fig Newtons
I.D. Tag	Citizen Dress Up

ndar



DAY 3

DAY 4

DAY 5

TEARS



FEARS



YEARS



Joy vs. Sorrow Book of Nehemiah	Faith vs. Fear Hebrews 11	Life vs. Death John 20-21 & Matthew 26-28
Isaiah 40:29	2 Timothy 1:7	Philippians 3:10a
Magnets & Metals	Motors & Meters	Sockets & Switches
JOY Happiness inside that spills out	FAITH Acting confidently on what God says	HUMILITY Valuing others more than myself
Smiles Smile Stress Pillow & Smiling Flower Magnet	Cars Racing Roadsters & Taxi Cabs	Crosses Cross String Art & Cross Bird Feeder
Builders & Breakers	Traffic Jam	Wire Wars
Happy Hearts Smile Cookies & Strawberry Hearts	Travel Treats Fruit Cars & Rice Krispies Stoplights	Sweet Symbols Resurrection Tombs or Root Beer Floats
Build a City Building	Team Color	Drawing Power

“God Is My Strength and Power” 2 Samuel 22:33

however, due to circumstances, facilities, and timing, some items may change slightly.

TABLE OF CONTENTS



PROGRAM OVERVIEW	5
Daily Themes	5
A Day at VBS	6
Why This Program?	6
Terms	7
PERSONAL PREPARATION	8
Get Ready	8
Snack Tips	9
Keys to Success	10
Allergy Alternatives	10
SNACK INSTRUCTIONS	11
Day 01 Scrumptious Spheres	11
Day 02 Canaan's Confections	12
Day 03 Happy Hearts	13
Day 04 Traffic Treats	14
Day 05 Sweet Surprises	15
ADDITIONAL SNACKS	16
SHOPPING LIST	17
A MET VBS	18

SNACKS MANUAL

© 2023 Merrill Ministries. All rights reserved. Not for resale.

For more information, contact Randy Merrill at randy@merrillministries.com.

PROJECT COORDINATOR | Randy Merrill

SNACK CONTENT | Tricia Merrill and Cora Merrill

WRITERS | Miranda Peets and Tricia Merrill

EDITORS | Randy Merrill and Dave Peets

COVER AND INTERIOR DESIGN | Micah Merrill and Malchijah Merrill

IMAGES AND GRAPHICS | Micah Merrill, Malchijah Merrill, and Vecteezy.com

PROGRAM OVERVIEW

Introducing this year's exciting VBS adventure:



...a power-packed VBS set in the early 1900's that will transport Citizens of all ages on an unforgettable journey!

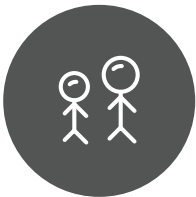
DAILY THEMES

Discover God's great power over...



01. SPHERES

"Who's got power? God does!" Today, we'll travel through Job 38-42 as big concepts like the litho-, hydro-, bio-, and atmospheres are broken down into easy-to-grasp pieces. Our great God has power over all the earth!



02. PEERS

Everyone faces peer pressure, but Joshua and Caleb didn't let it stop them from trusting in God! The same God who parted the Red Sea is the same all-powerful God who can defeat the giants in your life!



03. TEARS

It's OK to cry when you're sad. When Nehemiah learned that his beloved city, Jerusalem, was in ruins, he wept. Today we'll see that even in times of sadness and sorrow, "the joy of the Lord is [our] strength!" (Neh. 8:10)



04. FEARS

Are you afraid of snakes? Spiders? Mice? With God's help, we can face our fears with faith! As we tour the great "Hall of Faith" in Hebrews 11, we find we don't have to be afraid because "God hath not given us the spirit of fear, but of power, and of love, and of a sound mind!" (2 Tim. 1:7)



05. YEARS

God existed before the beginning of time and His reign will last forever! The grave couldn't hold Him, because He alone has power over death! Jesus said, "I am he that liveth, and was dead; and behold I am alive forevermore!" (Rev. 1:18)

HE IS OUR GREAT,

all-powerful God!

PERSONAL PREPARATION

YOUR ROLE

As the City Circuit Guide at the Filling Station, you have the special opportunity to feed not only the Citizen's stomachs, but their hearts as well.

Every person that comes through your snack line has a life story. Many of those stories are happy. Unfortunately, some are not. Sadly, in recent years we've seen an alarmingly high number of children arrive at VBS hungry.

These precious souls are hungry for love, hungry for acceptance, and just plain hungry for food.

For children like this, receiving a delicious snack offered by someone with a cheerful smile and kind word may brighten even the darkest of days.

As you rush to keep cookies from burning, find another rotten blueberry in the package, or miss out on an activity because you're dipping pretzel sticks, you might be tempted to become discouraged. In those moments, remember that you are entrusted with the extraordinary privilege of being Christ's hands and feet to these children.

Snacks aren't just about yummy treats and cute plates—although those are important. Snacks are a way you can reach out and demonstrate the love of Jesus by meeting children's needs.

Thank you!

Thank you in advance for your hard work, preparation, and willingness to serve. We appreciate you and are praying for you.

GET READY

Reading this manual carefully in advance will help reduce last-minute emergencies or mishaps. If you have any questions, please contact your VBS Director as soon as possible.

The following pages contain several tasty, yet inexpensive, snack ideas. If you choose to use your own snacks, please coordinate them with the theme.

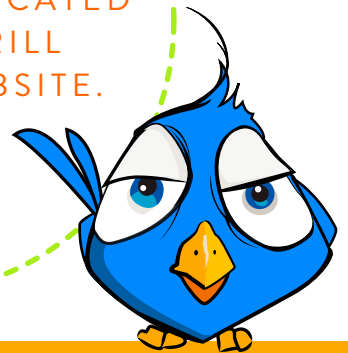
PREPARE YOUR HEART

A good electrician makes sure he or she has the right equipment to be prepared for any situation. Don't let poor planning or dull Christianity hinder your ministry. Immerse yourself in God's Word.

The Bible tells us Nehemiah wept over his sin and the sin of his people. Ask God for insight and a tender heart. Amazing things happen when God's people pray.

Please pray for your Assistants and potential VBS attendees. Pray fervently for souls to be saved and lives to be changed. Investigate and remove any sin that would hinder your ministry. Pray for God to work in your own life. Then, pray for every student daily by name and need.

A HELPFUL RESOURCE
ON PRAYER IS LOCATED
ON THE MERRILL
MINISTRIES WEBSITE.



== SNACK INSTRUCTIONS ==

DAY 01 | SCRUMPTIOUS SPHERES

INGREDIENTS

- _____ Cheese puff balls
- _____ Melon balls

Popcorn Balls

- _____ 3 Tbsp. butter
- _____ 5 ½ cups miniature marshmallows (10 oz. pkg.)
- _____ 6-8 cups popped popcorn
- _____ Sprinkles

WAIT UNTIL THE POPCORN IS SLIGHTLY COOLED BEFORE ADDING SPRINKLES TO AVOID THE SPRINKLES MELTING AND THE COLORS RUNNING TOGETHER.

DRINKS

- White cranberry peach juice
- Water

DIRECTIONS

1. Melt butter in large pan.
2. Add marshmallows, stir until melted.
3. Add popped popcorn immediately.
4. Mix well and let cool slightly before adding sprinkles.
5. Butter hands and shape into balls.
6. Plate and serve the prepared snack with a drink.

YIELD

2 dozen popcorn balls

CITIZEN TIP

God's Power Over Spheres

Hello, Citizens! Welcome to the Filling Station! Earlier, we learned that God has power over spheres. Now, we get to enjoy some edible spheres! While you're filling up, remember, "Who's got power?" (God does!) God does!

